New "Early Bird" Registration in 2020!

Plan ahead, save money! Beginning in January 2020, register early for a program and receive a discounted price, regardless of where your address is. Now your friends in neighboring cities have no excuse to not take that class with you. As long as they sign up in advance, our programs no longer have a price difference for residents and non-residents.

Check each program's registration info for details on when Early Bird pricing ends - for most programs, this special rate will expire two weeks before the program's start date.





Move & Grow: Parent/Child (Walking - 4 years)

Dancing together with your child while exploring movement activities and practicing skills is not only lots of fun, but very educational! Activities are taught that can be further explored at home. A wide variety of music, props, BrainDance rhymes, rhythm instruments and an obstacle course add to the playful environment and learning. Caregivers are always welcome!

Loc: Lytle House

#WI20001	71		Early Bird \$72
			After 12/27 \$87
	2۱	nd child discoun	t: Early Bird \$36
			After 12/27 \$44
Fri	1/10 - 2/14	9:15 - 10:15 a	.m.
#WI20001	72		Early Bird \$72
			After 2/14 \$87
	2۱	nd child discoun	t: Early Bird \$36
			After 2/14 \$44
		9:15 - 10:15 a	

\$15 drop-in fee to all Move & Grow classes (cash/check only accepted at Lytle House).

NEW! Family Yoga

Enjoy a fun introduction to yoga for the whole family! Family yoga creates great opportunities for bonding time, learning together, and teamwork. You will learn about breath and mindfulness, do partner poses, and renew your family connection. You'll learn yoga basics, have fun and laugh, and create wonderful memories with your family. No experience needed, and all levels are welcome. Wear comfortable clothing and bring a mat if you have one. A limited number of mats will be available for use during the program.

Loc: Lytle House

(Ages 3-6 w/ parent)

		Early Bird \$72 After 1/4 \$87
Sat	1/18 - 2/8	10 - 11 a.m.
(Ages 7	-12 w/ parent)	

#WI2000020 Early Bird \$72After 1/4 \$87

Sat 1/18 – 2/811:15 a.m. – 12:15 p.m.

Loc: Lytle House

Additional family members\$15/person (per session) \$25 drop-in (per parent/child) to all family yoga classes (cash/check only accepted at Lytle House).





Classical Fencing (Ages 10+)



Come learn the art of classical fencing, an exciting and engaging activity that is sure to stretch you physically, mentally, and emotionally. Learn the fundamental skills of fencing including safety, courtesy, foot work, distance, timing, and more. Partner exercises develop cooperation and a gracious spirit. No experience necessary, all are welcome! Loc: Lytle House

#WI2000271 Early Bird \$72After 1/9 \$872nd child discount: Early Bird \$52After 1/9 \$63 Thurs 1/23 - 2/13 4:30 - 5:30 p.m. #WI2000272 Early Bird \$72

......After 2/13 \$872nd child discount: Early Bird \$52

2/27 - 3/19 4:30 - 5:30 p.m. Thurs

Play-Well TEKnologies: Winter Wonderland Engineering (Ages 5 – 9)

Bundle up for this spectacular two-day winter wonderland building camp! Create bobsleds, design snowmobiles, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor.

#WI1900008 R \$75/NR \$90 Mon-Tues 12/30 – 31 1 – 4 p.m. Loc: Lytle House

Play-Well TEKnologies: Jedi Engineering

(Ages 5 - 9)

The Force awakens in this two-day introductory engineering course for young Jedi! Explore engineering principles by

designing and building projects using LEGO® materials such as X-Wings, R2 Units, energy catapults, defense turrets, and settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!



#WI2000009		Early Bird \$75	
			After 12/19 \$90
Th-Fri	1/2 - 1/3	1 – 4 p.m.	Loc: Lytle House

Play-Well TEKnologies: Lunar New Year Workshop (Ages 5 – 9)

Come join us to celebrate the Lunar New Year by creating a cool LEGO® Lunar Dragon with pivoting wings!

#WI2000029		Early Bird \$28	
			After 1/11 \$34
	1/25		Loc: Lvtle House



Play-Well **TEKnologies:** Walking **LEGO®** Animal Workshop

(Ages 5 - 9)

Come join us to learn how to make

a hopping or walking LEGO® animal! We will teach you all about inline gear drives and eccentric motion so we can add movement to our cool LEGO® animal creations!

#WI2000030		Early Bird \$28	
			After 2/8 \$34
	2/22		Loc: Lytle House



After School Baking Club: Holiday Cookies (Ages 10 – 15)

Brighten up the winter holidays with delicious cookies made by you! In this hands-on cooking class, you'll make Classic Sugar Cookies, Cocoa Kiss Cookies and Pumpkin Seed Thumbprints. We'll have icing and sprinkles to add finishing touches. You'll go home with a box of your creations! Class is vegetarian with wheat, eggs and dairy. Per kitchen protocol, wear close-toed shoes and tie back long hair.



After School Baking Club: Bagels & More Bagels (Ages 10 – 15)

Make great bagels at home! In this hands-on class, you'll make dough, shape that dough into bagels, let those bagels rise then boil and bake. You'll also get to boil and bake bagels that spent the night in the fridge and see if you taste any difference. You'll have options for bagel toppings and will get to taste your creations with butter, cream cheese or just plain. You'll also be able to tell your grownups what kind of flour works best for bagel making. Bring an apron, pull back long hair and let's get baking!

#WI2000021		Early Bird \$40	
			After 12/30 \$48
Mon	1/13	4:15 - 6:15 p.m.	Loc: Lvtle House

After School Baking Club: Cupcake Workshop

(Ages 10 - 15)

Love cake? Love buttercream? Want to make cake and decorate it? In this small group hands-on class, we'll mix Vanilla Cake and bake it as cupcakes. While those are baking, we'll whip up some Vanilla Swiss Meringue Buttercream and decorate chocolate cupcakes. You'll use piping bags and different kinds of tips to give you different effects. When the vanilla cupcakes cool you'll decorate those as well. At the end of class, we'll box up your creations for easier transport home. Bring an apron, pull back long hair and let's get baking!

#WI2000022			Early Bird \$45
			After 1/27 \$54
	2/10	4:15 - 6:15 p.m.	



After School Cooking Club: Fend for Yourself (Ages 10 – 15)

Want to learn new-to-you kitchen skills or brush up on basics? Join this hands-on kitchen crash course and go home equipped to make snacks or light meals! You'll cook eggs, make French Toast, grate cheese for a quesadilla, peel carrots and slice up apples. You'll use peelers, knives, whisks, graters, spatulas, and wear oven mitts. Go home with tips and tricks to make feeding yourself easier. Bring an apron, pull back long hair and let's get cooking!

#SP2000014		Early Bird \$40	
			After 2/24 \$48
	3/9		Loc: Lytle House

Safe Kids 101/Home Alone Class (Ages 9 – 13)

This three-hour home alone class will help your 9 to 13-year-old take the next step in independence while giving you peace of mind. Topics include: responsibilities when staying home alone, simple first aid and abdominal thrusts for choking victims, how to navigate the online world, and fire safety. We'll also discuss the truth behind abuse, abduction, and stranger danger. Participants will receive the "Safe Kids 101" book.

#WI2000016		Early Bird \$45	
			After 2/1 \$54
Sat	2/15	1 – 4 p.m.	Loc: Lytle House



Polite Kids 101 (*Ages 7 – 12*)

Need a manners class to help your child stay on track with kind and respectful living? Look no further! This nationally recognized program includes how to introduce yourself and others, interrupting politely, how to set a basic table setting, table manners, being a guest in someone's home, and birthday party manners. We serve a light meal with finger sandwiches, applesauce, carrot sticks, etc, so please let us know of any food allergies.

#SP2000101		Early Bird \$45	
			After 2/22 \$54
	3/7		Loc: Lytle House



Marvelous Minerals (Ages 3.5 – 6)

Discover the magic of minerals and hunt for gemstones in this fun, geology-themed learning experience for preschoolers. Program includes hands-on activities and an opportunity to get up close with a variety of high-quality rock and mineral specimens. Everyone will take home a bag of gems and a rock I.D. card!

#SP2000104		 Early Bird \$22
		 After 3/7 \$27
	3/21	Loc: Lytle House

Gems & Geodes (Ages 8 – 12)

In this geology themed workshop, learn about natural resources, go on a gem hunt, and explore rocks and minerals that glow under ultraviolet light. After our mineral exploration, we will shift gears and crack open geodes! Take home a bag of rocks, geode and a rock ID Card!

#SP2000105		Early Bird \$36	
			After 3/7 \$44
		10:30 - 11:30 a.m.	





KIDZ LOVE SOCCER

Kids ages 2 to 10 learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. A session includes ageappropriate activities: skill demonstrations, games, and instructional scrimmages conducted in a noncompetitive, recreation way.

Kidz Love Soccer: "where the score is always fun-to-fun!"

All participants will receive a Kidz Love Soccer jersey. Unless otherwise noted, shin guards are required after the first class.

For more information, visit www.kidzlovesoccer.com

To receive cancellation notifications on your smartphone, download the free Kidz Love Soccer app.

Mommy/Daddy & Me Soccer

(Ages 2 - 3.5 years)

The fun happens on the field, so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. Adult participation is required. No shin guards required.

#SP2000063.	Early Bird \$94
	After 2/24 \$111
Mon 3/9 - 4/	13 6:00 - 6:30 p.m.
Loc: Stipek P	ark
#SP2000064.	Early Bird \$94
	After 2/28 \$111
Fri 3/13 -	4/17 3:30 - 4 p.m.
Loc: Cedar G	D 1

Tot/Pre-Soccer

(Ages 3.5 - 5 years)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment.

#SP2000093...... Farly Bird \$94

#31 2000070	Larry Dira 47 i
	After 2/24 \$111
Mon 3/9 - 4/13	3:40 - 4:15 p.m.
Loc: Stipek Park	
#SP2000094	Early Bird \$94
	After 2/28 \$111
Fri 3/13 - 4/17	7 4:05 – 4:40 p.m.

Loc: Cedar Grove Park

Kidz Love Soccer Class Status Hotline: 1-888-372-5803

Soccer 1: Techniques & Teamwork (Ages 5 – 6 years)

Players will learn dribbling, passing and receiving, defense, and shooting goals! Fun skill games are played at every session, and every participant will have a ball at their feet.

Small-sided soccer matches will be introduced gradually. Perfect for first-time players while being fun and engaging for kids with some experience.

		Early Bird \$94
		. After 2/24 \$111
Mon	3/9 - 4/13	4:20 - 5:05 p.m.
Loc:	Stipek Park	
#SP2	2000072	Early Bird \$94
		. After 2/28 \$111
Fri	3/13 - 4/17	4:45 – 5:30 p.m.
Loc:	Cedar Grove	Park

Soccer 2: Skillz & Scrimmages (Ages 7 – 10 years)

Enjoy advanced skill building: dribbling, passing, shooting and more in a team play format. Each class will focus on scrimmages that improve team play as well as individual skill development. All levels of play are encouraged to come out and enjoy the soccer fun!

#SP2000083	Early Bird \$94
	After 2/24 \$111
Mon 3/9 - 4/13	5:10 - 5:55 p.m.
Loc: Stipek Park	
#SP2000084	Early Bird \$94

...... After 2/28 \$111

Fri 3/13 – 4/17 5:35 – 6:20 p.m. Loc: Cedar Grove Park

Bothell Bridge

RECREATION - TEEN & ADULT



Nature's Abstract Painting Workshop (Ages 18+)

In these special 2-hour workshops, professional artist Maja Sereda will guide you in the use of acrylic paint to create abstract art inspired by the natural world. You'll go home with your own one-of-a-kind work of art, ready to frame. No prior experience necessary. Price includes all art materials and non-alcoholic beverages.

#WI2000026Per session: Early Bird \$39After (dates below) \$47

Sat 6 – 8 p.m. Loc: Lytle House

1/11: Whimsical Flora (Early Bird ends 12/28)

2/8: Imaginative Landscape (Early Bird ends 1/25)

3/14: Fauna Abstract (Early Bird ends 2/29)

Contact recreation@bothellwa.gov or 425-806-6760 for discount.

Introduction to Brush Calligraphy with Letters by Ellen Calligraphy (Ages 16+)





Join Ellen Sontra (www.lettersbyellen.com) to learn the art of brush calligraphy! She will guide you through this lettering technique using a felt pen, paint brush, watercolors and more. Learn the alphabets and many tips and tricks along the way – no prior experience needed. Everyone

will take home all the supplies they need to keep lettering: watercolor paints, paint brush, palette, pipette, brush lettering marker, practice and formal paper, and an instructional packet.

#WI2000024 Early Bird \$75After 2/8 \$90

Sat 2/22 9:30 – 11:30 a.m. Loc: Lytle House

Beginner Embroidery with Lark Rising Embroidery (Ages 12+)

Come learn how to stitch a contemporary, nature-themed design in the colors of your choice! Learn several basic stitches and techniques that are commonly used in modern embroidery patterns. We'll start each element of the pattern together, giving you the skills and supplies to finish it up at home. Taught by the amazing Lauren Holton of Lark Rising Embroidery! No experience necessary, all materials provided.

#SP2000015.....Early Bird \$50After 2/29 \$60

Sat 3/14 10 a.m. – 12:30 p.m.

Loc: Lytle House



Spring/Summer Adult Softball Leagues (Ages 18+)

Grab your friends and come play softball in our USA Softball leagues in 2019! Coed and Men's leagues available, and happen almost every night of the week out at our North Creek Sportsfields. League info will be posted late January at www.bothellwa.gov/softball.



FITNESS - TEEN & ADULT



Belly Dance (Ages 15+)

Learn belly dance with the award-winning instructor and performer Michelle! This fun, low impact class with a comfortable, welcoming atmosphere consists of a warm up, drills and dance with an occasional mini-lesson on culture and history. Wear comfortable workout clothes and a hip scarf or belt. Shoes are not necessary. Contact Michelle for more information: bellydancermichelle@gmail.com or www.michellebellydance.com.

#WI20	000121		Early Bird \$66
	Wed 1/8 - 2/12 7 - 8 p.m.		After 12/25 \$79
Wed	1/8 - 2/12	7 - 8 p.m.	Loc: Lytle House
#WI20	000122		Early Bird \$66
#WI20			Early Bird \$66 After 2/5 \$79

\$15 drop-in fee to all Belly Dance classes (cash/check only accepted at Lytle House).

Be the first to know about new classes and events — stay connected with us online! www.bothellparks.net





@bothellparks @bothellparksandrecreation

Cardio Jam (Ages 18+)

Cardio Jam is an energetic dance fitness class with choreographed routines to hip hop, pop and old school party jams. It's a fun, full-body workout that exercises your mind, body and spirit. Burn calories, gain some confidence and maybe even a few new dance moves. Class instructor is Christie Laverman. *No class 12/23 & 12/25.

Mondays & Wednesdays, 9:30-10:30 a.m.

Loc: Lytle House

6-Visit Flex Pass	\$36
10-Visit Flex Pass	\$60

Loc: Lytle House

#WI1900202 December (begins 12/2)*

#WI2000203 January (begins 1/1)

#WI2000204 February (begins 2/3)

#SP2000205 March (begins 3/2)

\$10 drop-in fee for all Cardio Jam classes (cash/check only accepted at Lytle House).



FIT4MOM Eastside

FIT4MOM is the nation's leading prenatal and postnatal fitness program, providing fitness classes and a network of moms to support every state of motherhood. Come join one of our Eastside programs as we help make moms strong in body, mind and spirit. Your first class is free!

HIIT Body Back Boost is a 60-minute, high-intensity interval training drop-in workout. HIIT workouts include short bursts of anaerobic exercise with recovery periods, and are kid-free.

Sat 7 - 8 a.m. Loc: Lytle House

Complete registration options and schedule at www.eastside.fit4mom.com.

Questions? Email jamieambrose@fit4mom.com

Restorative Yoga (Ages 16+)



Restorative Yoga triggers the parasympathetic nervous system and helps promote a sense of calm and lower stress levels. We will focus on all the layers of the body-physical, mental and emotional – so you can strengthen your body, relax your mind, calm your nervous system and relieve stress. All levels of experience welcome! Instructor Debby Bliss is a certified Purna Yoga teacher at the 2,000-hour level. Required props: yoga mat, two yoga blocks and a yoga strap. *No class 3/5.

#WI2			Early Bird \$66 After 1/2 \$79
Th	1/16 - 2/20	6:30 - 8 p.m.	Loc: Lytle House
#WI2			Early Bird \$66 After 2/13 \$79
Th	2/27 - 4/9*	6:30 - 8 p.m.	Loc: Lytle House

\$15 drop-in fee for all Restorative Yoga classes (cash/check only accepted at Lytle House).



Instructor-Facilitated Online Learning with



Ed2Go offers a wide range of highly interactive courses taught by expert instructors that you can take entirely from the comfort of your home! All courses last six weeks, with new sections beginning on 12/11, 1/15, 2/12 & 3/18.

View all 200+ courses, system requirements and register today at www.ed2go.com/bothell

Questions? Contact kari.bachle@bothellwa.gov



Zumba (Ages 15+)

Zumba is a Latin-inspired dance aerobics class using intervals and

body weight resistance to burn fat and sculpt dance experience required. All classes are taught by Zumba instructor Stefanie Kvasnikoff. Wear comforable workout clothes and shoes.

6-Visit Flex Pass	\$36
10-Visit Flex Pass	\$60

Loc: Lytle House

#WI1900976 December (begins 12/3)

#WI2000977 January (begins 1/2)

#WI2000978 February (begins 2/4)

#SP2000979 March (begins 3/3)

\$10 drop-in fee for all Zumba classes (cash/check only accepted at Lytle House).

Parks and Recreation Class Locations - Bothell

Cedar Grove Park 22421 9th Ave SE, Bothell, 98021

Lytle House/Park at Bothell Landing 9929 NE 180th St., Bothell, 98011

Stipek Park 1800 242nd St. SE. Bothell, 98021



City of Bothell For more information, call City of Bothell	Amphitheater		Biking/Walking Trails	-ountain	Features	t Parking	elter	les	рı	S	ıı	р	ped	cess	Meeting Room Rental
Parks and Recreation at 425-806-6760 or visit www.bothellwa.gov		Barbecue	Biking/Wa	Drinking Fountain	Historical	Off-Street Parking	Picnic Shelter	Picnic Tables	Playground	Restrooms	Sportscourt	Sportsfield	Undeveloped	Water Access	Meeting
Bloomberg Hill Park • 20301 Hollyhills Dr. NE								•	•	•	•				
Blyth Park ❖ • 16950 W Riverside Dr.		•	•	•			•	•	•	•				•	
Brackett's Landing • 11101 NE 174th St.		•	•					•						•	
Brickyard Road Park • 16800 Brickyard Rd. NE			•						•		•				
Cedar Grove Park ❖ ■ • 22421 9th Ave. SE		•	•	•		•	•	•	•	•	•	•			
Centennial Park/North Creek Schoolhouse ❖ ★ • 1130 208th St. SE		•	•	•	•	•	•	•	•	•					•
Conifer View Park ◆ 9055 NE 195th St.			•						•		•				
Doug Allen Sportsfields ■ • 19417 88th Ave. NE			•	•						•		•			
East Norway Hill Park • 15101 124th Ave. NE			•					•							
Former Wayne Golf Course Property • 16721 96th Ave. NE			•	•	•	•							•		
North Creek Sportsfields ■ • 11800 North Creek Pkwy. S			•	•				•		•		•			
North Creek Forest • 112th Ave NE @ NE 202nd St.			•										•		
North Creek Trail			•										•		
Park at Bothell Landing/Lytle House ★ • 9919 NE 180th St.	•	•	•	•	•	•		•	•	•				•	•
Pioneer Cemetery • 108th Ave NE & Valley View Rd.			•		•										
Red Brick Road Park • SR 522 & 96th Ave. NE			•		•	•		•							
Royal Oaks Park • 20144 106th Ave. NE		•	•						•		•				
Sammamish River Park/Trail • 17995 102nd Ave. NE			•		•	•									
Stipek Park • 1800 242nd St. SE			•	•		•	•	•	•	•	•				
Tall Tree Park ● 19630 89th Pl. NE								•	•						
Volunteer Park ● 97th Ave. NE & NE 182nd St.								•	•		•				
West Riverside Drive Trail ● 16950 W Riverside Dr.			•												
William Penn Park ◆ 19900 100th Ave. NE								•	•		•				

Updated 02/19

Rental Locations

LYTLE HOUSE

Is your house too small for that family gathering? Consider renting ours! Located in the Park at Bothell Landing, the Lytle House is perfect for family dinners, parties, showers, receptions and other fun events of up to 70 people. Find all the details at www.bothellwa.gov/lytlehouse.



NORTH CREEK SCHOOLHOUSE

This is the perfect space for a small meeting or gathering. Located in Centennial Park, the schoolhouse has chairs and tables for groups up to 35. Find all the details at

www.bothellwa.gov/ncschoolhouse.



MCMENAMINS THORNDIKE ROOM

This community room is free to City of Bothell residents and accommodates groups up to 35. For more information go to www.bothellwa.gov/mcmenamins.



www.bothellwa.gov

[❖] Picnic shelters available for rent. ★ Room available for rent. ■ Fields available on reservation basis only.

Registration begins December 2!

Sign up early to avoid cancellations - most registration ends the Wednesday before a class begins.

HOW TO REGISTER

ONLINE:

www.bothellparks.net



PHONE:

425-806-6760

WALK-IN:

City Hall 18415 101st Ave NE, Bothell (M – F, 8 a.m. – 5 p.m.)

PROGRAM REFUND POLICY

Full refund/credit granted if request is made at least 5 business days prior to the start of class.

50% refund/credit granted if request is made less than 5 business days prior to the start of class.

\$10 administrative fee for all cancellations.

No refunds for classes costing less than \$10.

No refunds/credits issues on or after the first day of class.

Transfers must be requested 5 business days prior to the start of class.

100% refund if class is cancelled by the City. Refund policies subject to change via Council approval.

CONNECT WITH US!



Parks & Recreation eNews: www.bothellwa.gov/notifyme



@bothellparksandrecreation



@bothellparks

Resident/Non-Resident Fees

Bothell Parks & Recreation strives to provide quality and affordable recreation programs to Bothell residents and those from neighboring communities – all are welcome to participate! In recognition that Bothell residents support our services through their city taxes, the City offers them a discount on some fee-based programs.

Not everyone with a Bothell mailing address actually resides within the city limits. To verify whether or not your home lies within the boundary, visit www.bothellwa.gov/cobmap. Questions? Call 425-806-6760.

Accessibility

Bothell Parks & Recreation will make every effort to provide reasonable accommodation for people with special needs. Please contact us three weeks prior to the start of class to discuss accommodations.

Satisfaction Guaranteed

If you are dissatisfied with the quality of a program, facility or instructor, contact us before the second class or within two days following a one-day class so that your concerns can be quickly addressed.

Nondiscrimination Policy

The City of Bothell complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of sex. Any questions or comments, please contact Parks & Recreation Director, Nik Stroup at 425-806-6852.



ECRWSS RESIDENTIAL CUSTOMER

PRSRT STD **US** Postage **PAID** Bothell, WA Permit No. 104



Spring/Summer Adult Softball Leagues

APRIL 25 Earth Day Volunteer Event

MAY 15 Bike Everywhere Day

JULY 4 4th of July Freedom Festival

JULY 10 - AUGUST. 28

Friday Evenings Music in the Park

JULY 8 — AUGUST 30

Wednesday mornings Just Kidding Around

JULY 18 - 19 and AUGUST 29 - 30**Blyth Park Family Campouts**

AUGUST 8 Sustainamania

OCTOBER 31 Safe Halloween